

VALID FROM JANUARY 2017

THE FACILITIES OF REFLECTIONS

Reflections is situated in the beautiful grounds of Pontlands Park, just 5 minutes from Chelmsford City centre, 1.5 miles from the park and ride and 2 minutes from the A12 with plenty of free parking. We have two heated swimming pools; an indoor pool measuring 11.5m x 5m and an outdoor pool measuring 10.5m x 5m. The outdoor pool is available all year round and is covered during the Winter months. It is our policy to maintain the temperature of these pools between 28°C and 30°C. In addition there are two Jacuzzis, one indoors and during the Summer months a second, outside on our sun terrace; both with temperatures between 38°C and 40°C. There is also a sauna, steam room and a fitness room offering a selection of cardiovascular fitness equipment. Separate changing facilities are available for Ladies and Gentlemen, each offering showers and privacy rooms; during the Summer months there is also an outdoor shower available.

The Café Bar in the conservatory area offers a variety of drinks, snacks & light meals and is also open to non members.

OPENING TIMES

	7 am	8 am	8.15	8.30	9 am	10 am	10.30	10.45	11 am	11.30	12 Noon	1pm	2pm	3pm	4 pm	5 pm	6 pm	7 pm	8pm	9 pm	9.30	10 pm
Sun	ADULTS ONLY				ADULTS & OVER 3 MONTHS												ADULTS ONLY	PRIVATE HIRE				
Mon	ADULTS ONLY														ADULTS & OVER 3 MONTHS		ADULTS ONLY					
Tues	PRIVATE HIRE				ADULTS ONLY												ADULTS & OVER 3 MONTHS		ADULTS ONLY			
Wed	BABYNURTURE				ADULTS ONLY												ADULTS & OVER 3 MONTHS		ADULTS ONLY			
Thur	CLASSES				ADULTS ONLY												ADULTS & OVER 3 MONTHS		ADULTS ONLY			
Fri	ADULTS ONLY														ADULTS & OVER 3 MONTHS		ADULTS ONLY					
Sat	ADULTS ONLY				ADULTS & OVER 3 MONTHS												ADULTS ONLY	PRIVATE HIRE				
BANK HOLIDAYS	ADULTS ONLY				ADULTS & OVER 3 MONTHS <small>Off Peak Members welcome all day</small>																	

On 3 mornings a week we host private hire Birthlight classes and these must be pre-booked & pre-paid direct with the instructors. Members and Hotel residents cannot access the centre during these classes; see times above.

THE LEISURE CENTRE HAS A LAST ENTRY POLICY OF 40 MINUTES BEFORE CLOSING, THE FACILITIES MUST BE CLEARED 20 MINUTES BEFORE CLOSING AS THE CENTRE WILL CLOSE AT THE PUBLISHED CLOSING TIMES ABOVE.

REFLECTIONS is open as above with the exception of December 24th to January 1st, exact opening hours for these dates will be available nearer the time.

Twice a year we will be closed for essential maintenance, the total number of days will not exceed 10. The first closure will take place from Monday April 24th to Friday April 28th (inclusive) the second will be at the end of October/beginning of November (members will be notified in advance).

-  Private hire Birthlight classes
-  Adults & Over 3 months Only
-  Private hire
-  Adults only

REFLECTIONS AT PONTLANDS PARK

WEST HANNINGFIELD ROAD, GREAT BADDOW, CHELMSFORD, ESSEX CM2 8HR TELEPHONE AND FAX: 01245 476333
SALES@REFLECTIONSLEISURECENTRE.CO.UK WWW.HERITAGELEISURE.CO.UK